



kinship

COMMUNITY FOOD CENTER

Kinship Community Food Center
 2610 N. Martin Luther King Jr. Drive
 Milwaukee, WI 53212

kinshipmke.org
 info@kinshipmke.org
 414-301-1478

<p>PROGRAM OVERVIEW</p>	<p>Form - Training and Education</p> <p>A service-based training program for volunteers and neighborhood residents in spiritual formation, social justice, and civic action.</p>					
<p>OUR THEORY</p>	<p>True service to another human being transforms the giver as much as the receiver. When we invite those giving and receiving to encounter one another and join their volunteerism to reflection and training, community members create trusting relationships, are empowered to be leaders of generosity, and advocate for the betterment of society.</p>					
<p>WHAT WE KNOW</p> 	<ul style="list-style-type: none"> • Trusted neighborhood relationships protect families from the most harmful effects of poverty, including the experience of food insecurity. ¹ <ul style="list-style-type: none"> • Social cohesion is correlated with improved mental and physical health, and a decrease in neighborhood violence. ² • Lack of socioeconomic diversity harms all of us. Impoverished and wealthy residents report they have a lower level of connection and social support in cities with greater segregation and inequality. ³ • Feeding hunger presents an opportunity for diverse people to meet and develop. <ul style="list-style-type: none"> • Annually about 40 million Americans eat and shop in pantries and meal sites,⁴ and roughly forty billion dollars' worth of American "volunteer revenue hours" are hunger related. ⁵ 					
<p>WHAT WE DO ABOUT IT</p> <p>"Being at the Kinship Community Food Center has reshaped how I view the world. It has opened my eyes to food insecurity and poverty in my neighborhood." -Dan LaNuez</p>	<p>Our approach to service prioritizes...</p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 33%;"> <p>Invitations to encounter</p> <ul style="list-style-type: none"> • Design a service experience that encourages personal growth and challenges notions of "giver" and "receiver" • Provide volunteer tasks and activities to encourage building of trusting relationships • Guide participant engagement with reflection before and after to contextualize service </td> <td style="vertical-align: top; width: 33%;"> <p>Deeper Personal Formation (training/reflection)</p> <ul style="list-style-type: none"> • Train churches, businesses, and schools on food advocacy and the root causes of hunger and inequality • Offer a spiritual formation and personal development training curriculum founded on principles of Catholic Social Teaching • Set times for reflection and prayer for participants to encounter God and deepen knowledge of their own dignity and worth </td> <td style="vertical-align: top; width: 33%;"> <p>Leading through Generosity</p> <ul style="list-style-type: none"> • Recruit shoppers and volunteers to become leaders in operations and community events • Invite participants to take neighborhood ownership through civic action • Model hospitality, simplicity, and solidarity through residential intentional community and neighborhood events • Connect volunteer leaders to partners in racial justice, spiritual growth, and civic action </td> </tr> </table>			<p>Invitations to encounter</p> <ul style="list-style-type: none"> • Design a service experience that encourages personal growth and challenges notions of "giver" and "receiver" • Provide volunteer tasks and activities to encourage building of trusting relationships • Guide participant engagement with reflection before and after to contextualize service 	<p>Deeper Personal Formation (training/reflection)</p> <ul style="list-style-type: none"> • Train churches, businesses, and schools on food advocacy and the root causes of hunger and inequality • Offer a spiritual formation and personal development training curriculum founded on principles of Catholic Social Teaching • Set times for reflection and prayer for participants to encounter God and deepen knowledge of their own dignity and worth 	<p>Leading through Generosity</p> <ul style="list-style-type: none"> • Recruit shoppers and volunteers to become leaders in operations and community events • Invite participants to take neighborhood ownership through civic action • Model hospitality, simplicity, and solidarity through residential intentional community and neighborhood events • Connect volunteer leaders to partners in racial justice, spiritual growth, and civic action
<p>Invitations to encounter</p> <ul style="list-style-type: none"> • Design a service experience that encourages personal growth and challenges notions of "giver" and "receiver" • Provide volunteer tasks and activities to encourage building of trusting relationships • Guide participant engagement with reflection before and after to contextualize service 	<p>Deeper Personal Formation (training/reflection)</p> <ul style="list-style-type: none"> • Train churches, businesses, and schools on food advocacy and the root causes of hunger and inequality • Offer a spiritual formation and personal development training curriculum founded on principles of Catholic Social Teaching • Set times for reflection and prayer for participants to encounter God and deepen knowledge of their own dignity and worth 	<p>Leading through Generosity</p> <ul style="list-style-type: none"> • Recruit shoppers and volunteers to become leaders in operations and community events • Invite participants to take neighborhood ownership through civic action • Model hospitality, simplicity, and solidarity through residential intentional community and neighborhood events • Connect volunteer leaders to partners in racial justice, spiritual growth, and civic action 				
<p>WHAT WE AIM TO ACHIEVE</p>	<ul style="list-style-type: none"> • Cultivate trusted relationships, social connections, and community ownership • Reduce social isolation • Educate and mobilize the community to take action against the root causes of hunger, poverty, and racial injustice • Form spiritual leaders that model generosity in their life, work, and community 					
<p>IT WORKS</p>	<ul style="list-style-type: none"> • Each year 4000 volunteers come through our doors • Over 100 Churches businesses and schools volunteer and train with us • Yearly, roughly 1,000 Volunteers participate in our Face of Hunger training • 65 trained lead volunteers running operations (Community Volunteer Leads) • 25 full time Mission Interns trained and sent forth over the last 6 years 					
<p>THE BIGGER CHANGE</p>	<p>There will be a large coalition of neighborhood residents and groups engaged, transformed, and working to build a culture of generosity, empathy, and belonging to enact region-wide solutions to hunger, inequality, and segregation.</p>					

SOURCES

¹<https://www.journals.uchicago.edu/doi/abs/10.5243/jsswr.2012.16>; Research has shown that loss of belonging has been associated with stress, illness and decreased wellbeing and depression.

²<https://www.lifeskillsgroup.com.au/blog/belonging>

³http://www.marathon.ase.ro/pdf/vol12_1/9%20Zamfir.pdf

⁴<https://www.brookings.edu/research/stress-worry-and-social-support-inequality-in-americas-cities/>

⁵<https://www.feedingamerica.org/hunger-in-america/facts>

⁶<https://www.nationalservice.gov/vcla/national>